

**RAMAKRISHNA MISSION SIKSHANAMANDIRA**(An Autonomous Post-Graduate College under the University of Calcutta under section 22  
of the UGC Act and duly recognized by the NCTE)**College with Potential for Excellence (CPE)****College of Teacher Education (CTE) & Swami Vivekananda Centre for  
Multidisciplinary Research in Educational Studies (SVCRES)**

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**Belur Math, Howrah – 711202, West Bengal.****OFFICE OF THE CONTROLLER OF EXAMINATIONS**

No. CE-32/EXP/PGDYE/23-24

**Schedule for 1<sup>st</sup> Semester Supplementary Examination of  
Post Graduate Diploma in Yoga Education Programme  
2022-2023 & 2023-24**

Date		Course Code	Title	FM	Time
09/06/2024 (Sunday)	Practicum-I	615	Asanas, Pranayamas, Bandhas and their techniques	100	11 AM onwards
16/06/2024 (Sunday)	Internal Assessment (1 <sup>st</sup> & 2 <sup>nd</sup> )	611	Foundations of Yoga	20+20	10 AM – 12 PM
	Theory	611	Foundations of Yoga	100	12:30 PM – 3:30 PM
30/06/2024 (Sunday)	Internal Assessment (1 <sup>st</sup> & 2 <sup>nd</sup> )	612	Anatomy and Physiology of Yogic Practices	20+20	10 AM – 12 PM
	Theory	612	Anatomy and Physiology of Yogic Practices	100	12:30 PM – 3:30 PM
07/07/2024 (Sunday)	Internal Assessment (1 <sup>st</sup> & 2 <sup>nd</sup> )	613	Patanjali Yoga sutra	10+10	10 AM – 11 AM
	Theory	613	Patanjali Yoga sutra	50	12.30 AM – 2.30 PM
	Internal Assessment (1 <sup>st</sup> & 2 <sup>nd</sup> )	614	Methods of Teaching Yoga	10+10	11 AM – 12 PM
	Theory	614	Methods of Teaching Yoga	50	2:30 PM – 4:30 PM

03.06.2024

*Sw. Urjitananda*  
03/06/24

(Swami Urjitananda)

**Controller of Examinations**Swami Urjitananda  
Controller of Examinations  
Ramakrishna Mission Sikshanamandira  
Belur Math, Howrah-711202, W.B.

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**“Knowledge can only be got in one way, the way of experience; there is no other way to know.”****- Swami Vivekananda**